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For *St Bernard &
St Michael's churches*

**15th NOVEMBER 2009
Year B
divine office wk 1**

St Michael's Church
Langdown Lawn
Hythe SO45 5GR

St Bernard's Church
Southbourne Avenue,
Holbury, SO45 2NT

PASTORAL TEAM**Priest: Fr David Adams**

Deacons: Steve Bowler (8020 7449)
Ian Tobin (8089 7354)

Parish Administrator: Helen Hughson

To contact The Parish Administrator based at St Michael's
call between 9am - 2pm (Mon & Tue only)

For the Ideal Gift visit

Faith, Hope & Charity

8 ST JOHN'S STREET, HYTHE
SOUTHAMPTON, SO45 6DA

Tel: 023 8020 7882

**PARISH SERVICES****THIRTY-THIRD SUNDAY OF ORDINARY TIME**

Sun	15	9 am	SB	Mass: Thirty-third Sunday of Ordinary Time
		11 am	SM	Mass: Thirty-third Sunday of Ordinary Time
Tue	17	10 am	SM	Mass: of the day
Wed	18	7.30 pm	SM	Evening Prayer & Mass: of the day
Thur	19	10 am	LT	Mass at Lyndhurst: of the day
Fri	20	1.15 pm	SB	Funeral Service: Trixie Johnson RIP
Sat	21	10 am	SM	Mass: The Presentation of the Blessed Virgin Mary followed by Sacrament of Reconciliation (until 11.30 am)

OUR LORD JESUS CHRIST, UNIVERSAL KING

Sun	22	9 am	SB	Mass: Our Lord Jesus Christ, Universal King
		11 am	SM	Mass: Our Lord Jesus Christ, Universal King

***This week we will be offering Masses for:***

People of the Parish, Parishioners who are unwell, Andy Anderson RIP, dec,d members of the Donlan family, relatives and friends, Dan Dwyer RIP, Alice Gallanagh RIP (Anniv), Peter Fowler RIP, Harry Hopper RIP, Trixie Johnson RIP, Kathleen O'Brien RIP, Kathleen Breen RIP

Next week (22nd November) we will be offering Masses for: *People of the Parish, Parishioners who are unwell, All the Departed, Ruth Adams RIP, Philip Manghan RIP, Tony Warrilow RIP*

THOUGH THE MOUNTAINS MAY FALL

It's a strange fact that newspapers and news programmes rely more on bad news than they do on good news. Such is the way our brains have evolved that it is bad news that triggers the most urgent response. It has to do with fear, anxiety and danger. Our primitive reptilian brain managed to process and respond to three basic needs: supper, sex and survival. These three reactions involve increasing heart rate, adrenalin and concentration. Good news on the other hand causes the bodily systems to relax. Drive, motivation and energy are difficult to summon up when everything is OK. If you want to get peoples attention stir up fear, anxiety and anger. Some people find it difficult to cope with harmony and silence, they quickly get bored and restless. They have probably grown up with a lot of anxiety, tension or argument. They feel strange if there is not something to argue about, get annoyed about or fight about.

Anger energy is not bad, it depends how we channel it. Some people have gone on to do great work and really helped others because they felt sufficiently angry about a perceived injustice. Fear can make us focus and prepare for danger. Too much fear, however, leads to paralysis of mind and action, then useless panic. However while feelings are never bad in themselves the physiological effects of holding onto anger, fear, anxiety, guilt etc can be quite damaging for the heart, digestive & immune systems, muscles & joints.

So what is Jesus doing with these rather frightening words of today's Gospel? Perhaps Jesus is using our natural fear to help us focus on our spiritual needs. Perhaps Jesus is also using this dramatic language to break our dependency on things that are not really dependable.

We tend to put a lot of our faith in the "system", i.e. in the economy, in the country, in technology, in social myths like independence and consumerism. Recently people have had their faith shaken in the financial system. Stock markets, pension funds, mortgages, loans have all been gambled with, at high risk, to make extortionate profits. We put a lot of faith in these things but we have not put much faith in God, or in God's wisdom, or in God's way. We are paying the price now.

Writings about the end times help to shatter our illusions and break our false dependencies. They urge us to put our faith in God and in all the blessings of God, which endure forever. The apocalyptic writings of the Bible were intended to strengthen those who were suffering persecution for their faith and to give them hope in God's life which brings true peace and happiness now and endures beyond the passing pleasures and vicissitudes of this world.

For us who are not experiencing persecution (yet) these words can stir us out of our complacency. Irrespective of what happens in the future for the planet or the universe, all of us have to come to our own end times. This may involve a spiritual re-birth or awakening. It can happen a long time before or a short time before our actual physical death. The most important questions are: How are Jesus' words being fulfilled in our own lives, at this moment? How am I responding? Some recent research indicates that many older people cannot accept the link between life-style and climate change. Instead of trying to moderate their consumption they are actually increasing consumption. This reaction arises from our fear of mortality and our unwillingness to accept it. The consumer life-style helps us sustain the illusion that we can live here for ever. This illusion seems necessary to fill the gaping hole caused by a lack of meaning & purpose when people imagine they are disconnected, alone and alienated. Faith connects us to God, to the ultimate mystery of Life. When we are rooted in God's love nothing can ultimately steal our peace. If we live we live for the Lord, if we die we die for the Lord, as St Paul wrote. (DMA)

PRAYERS FOR THE SICK: Please keep in your prayers: Nigel Bolton, Anne Candri, Petra Daniels, Dave & Anne Donoghoe, Pat Gallanagh, Amanda Gudge, Stuart King, Jane McClatchey, Joan Olden, Bridget Reeves, Jack Smith, Bill Topple. (If you wish someone to be included for prayers here please give their name to Fr David.)

PARISH PASTORAL COUNCIL: will meet on Thursday, 19th November, 7.30pm in the Meeting Room at St Michael's.

CHRISTMAS FAYRE, SATURDAY, NOVEMBER 21st 10.00 – 15.00 at St John's Hall, Hythe. PLEASE SUPPORT THE PARISH with donations of unwanted gifts, alcohol for Bottle stall, cakes or preserves for the cake stall. All will be gratefully received. Please leave donations at St Bernard's, St Michael's or at Faith Hope & Charity Shop. THANK YOU. And please remember to sell those Raffle Tickets and return both sold and unsold a.s.a.p!

'BE THE CHANGE' A Symposium On Sunday, 29th November from 2.00–6.00pm in New Extension in Holy Family Church, Redbridge, Southampton. The afternoon will help people to come to a deeper understanding of where we are as a society, how we got here, and what we can and must do if we want to see: an ecologically sustainable, socially just, spiritually fulfilling, human presence on the Planet. Tea, Coffee and light refreshments provided.

BLUE CHRISTMAS: A candlelit service for those who find the approaching Christmas season difficult to cope with. Come and pray for inner peace for yourself and others close to you. Everyone is welcome. Friday, 11th December 7.30pm, St Michael's Catholic Church, Hythe.

CAFOD SPONSORED RUN raised £360 (and £25 more due). Thank you very much to Cathy and Marcus Smith for running and for the generosity of parishioners who sponsored them.

CAFOD HARVEST DAY - We have received a letter from CAFOD thanking the parish for the generous donation of an amazing £1,231.07. Amongst other things, your generosity is supplying clean water, food and medical care for thousands in need.

CLOSE TO THE HEART TOUR 2009 - young, fun-filled Ukrainians bring you their music and introduce the exciting prospects for helping orphans and homeless kids in Cherkassy, Ukraine. Wed, 2nd Dec 7.30pm at Cornerstone URC, New Road, Hythe.

WANTED! - GARDEN SHED FOR THE PARISH SHOP Needs to be at least 10x12 ft. Please contact Tina on 80207882.

VACANCY FOR SKILLED AND ENTHUSIASTIC ADMINISTRATOR (F/T) to support the Provincial, the local Superior and ministry of the Missionaries. The successful applicant will be an experienced administrator with excellent secretarial, time management and prioritisation skills and a discreet self starter with a sympathetic nature. For more details contact frdes@montfort.org.uk. Contact shughes@portsmouthdiocese.org.uk for an application form. Closing date 9th January 2009.

WATERSIDE FOOD BANK - Many thanks to all those who have donated food to this worthy cause, though we could do better, come on everybody! Any donations can be left in the plastic box in the church porches. There is an on-going need in this area and demand is outstripping supply so please help if you can.

ANNUAL PARISHIONERS CHRISTMAS LUNCH - Lists will be left at the back of both St Michael's and St Bernard's churches for parishioners who would like to attend the annual Christmas lunch this year.

EASYFUNDRAISING - provides *Waterside Catholic Parish* with an additional income stream but without parishioners having to make extra donations or contributions. The UK's best-known retailers participate in the easyfundraising programme and every time you **shop simply by using the links provided you will raise funds for St Michael's Roof Fund for FREE.** Simply log on to easyfundraising.org.uk. Register, then choose Waterside Catholic Parish-Hythe as your sponsored charity - and then start shopping! **For every purchase you make, money will be donated to the cause!** Happy shopping - and thank you for your support.