

All correspondence to:  
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For St Bernard &  
St Michael's churches

**27th SEPTEMBER  
2009  
Year B  
divine office wk 2**

**St Michael's Church**  
Langdown Lawn  
Hythe SO45 5GR

**St Bernard's Church**  
Southbourne Avenue,  
Holbury, SO45 2NT

### PASTORAL TEAM

**Priest: Fr David Adams**

**Deacons:** Steve Bowler (8020 7449)

Ian Tobin (8089 7354)

**Parish Administrator:** Helen Hughson

To contact The Parish Administrator based at St Michael's  
call between 9am - 2pm daily (Mon & Tue only)

### PARISH SERVICES

#### 26th Sunday of Ordinary Time

Sun	27	9 am	SB	Mass: <b>26th Sunday of Ordinary Time</b>
		11 am	SM	Mass: <b>26th Sunday of Ordinary Time</b>
Tue	29	10 am	SM	Requiem Mass: Ernest Ball RIP
Wed	30	7.30 pm	SM	Evening Prayer & Mass: <b>St Jerome</b>
Thur	1	10 am	LT	Mass at Lyndhurst: <b>St Teresa of the Child Jesus</b>
Fri	2	2 pm	SB	Funeral Service: Matt Brannigan RIP
Sat	3	10 am	SM	NO MASS TODAY

#### 27th Sunday of Ordinary Time

Sun	4	9 am	SB	Mass: <b>27th Sunday of Ordinary Time</b>
		11 am	SM	Mass: <b>27th Sunday of Ordinary Time</b>



For the Ideal Gift visit  
**Faith, Hope & Charity**

8 ST JOHN'S STREET  
HYTHE  
SOUTHAMPTON  
SO45 6DA  
Tel: 80207882

*This week we will be offering Masses for:  
People of the Parish,  
Parishioners who are unwell,  
Gabor Marek RIP & John Murphy RIP,  
Anthea Hayward RIP (Anniv),  
Rita O'Brien RIP, Joe O'Brien RIP,  
Ernest Ball RIP, Matt Brannigan RIP*

*Next week (4th October) we will be  
offering Masses for:  
Margaret Bull RIP, Fred Warrillow RIP*

Total Roof Fund collected to date  
**£7207.12**

(Target - £13500)

**Thank you all for your continued  
generosity**

### THE SPIRIT IS WAITING TO BE RECEIVED

Moses said in frustration: "If only the whole people of the Lord were prophets and the Lord gave his spirit to them all!"

The reluctance, the holding back is not on God's side. We are all called to be prophets, God does give the Spirit to everyone. That is something of meaning of the celebration of Baptism. The problem is on our side, we are not ready, we are a work in progress. At this stage of our evolution progress to higher levels of consciousness and harmony cannot happen without our co-operation.

Studies in early human development and in the growth of the brain and nervous systems have shown us how this openness to the transcendent, to the Spirit, or lack of it, is related to our whole human development from our genetic inheritance right up to the here and now.

For us to be fully open to the Spirit requires connectedness, positive relationship with all others and all creation, and spiritual awareness - delicacies and sensitivities of the heart and soul. We have to be free from fear, shame, doubt, anger and aggression. The brain ( actually four brains, marking stages of an evolutionary progression) nature has given us has, potentially, everything we need to mediate the gifts of God. How we nurture new human life, from the genetic input, to the social environment, to the actual gestation, parenting and mentoring of the child determines just how much of this potential is allowed to unfold.

The presence of fear and anxiety from the womb to the first three years can shift the emphasis of brain growth away from the higher emotional, intellectual and spiritual brain areas and towards the lower, reptilian brain which is all about sex and survival. This process also affects body growth: to fight for survival doesn't require a bigger brain but a bigger body is very useful. One can see how a society can begin (genetically) to spiral into the hell of ever greater violence if peace is not built up. Hell is simply the absence of all those relationship qualities that make life heavenly.

This closing down of the human potential for love, compassion, truth, empathy and joy is caused by the way most cultures and societies birth and nurture their young. Modern cultures have crudely disregarded the natural dynamics that thousands of years of evolution have developed. Fear and violence in culture and nurture has constantly triggered a reciprocal reaction in brain development and genetic conditioning. The young infant is all wired up for rich connections with the higher brain. Fear based and shame based nurturing, lack of intimate and joyful human interaction, restrictions on play-learning all contribute to a loss of these connections as growth shifts back to ensure basic survival.

The brain continues to develop until the late teens and similar dynamics can occur later on too. Association with Spirit-filled people, building up a faith relationship with God, contemplative prayer and growth in love of all are ways to actively recover the openness to God that nature (God) has already given us. If we really trusted the God of creation and worked in harmony with nature creation's longing for the revelation of the children of God would have a richer fulfilment. (DMA)

**Information & Notices:** (Sorry: No Mass Next Sat—Fr David at Diocesan Pastoral Council)

**PRAYERS FOR THE SICK:** Please keep in your prayers: Nigel Bolton, Kath Breen, Anne Candrl, Petra Daniels, Dave Donoghoe, Ruth Freemantle, Pat Gallanagh, Jane McClatchey, Joan Olden, Bridget Reeves, Jack Smith. (If you wish someone to be included for prayers here please give their name to Fr David or to Helen in the Office.)

**PRAYER POTTERY**—Tuesday 29th September 11-12 o'clock (or as soon as Requiem Mass is finished) led by Christine Olden at St Michael's Hythe. Tel: 023 8084 8754

**CONFIRMATION 2009:** Bishop Crispian will be confirming young people from our parish and Totton parish on **Friday, 16th Oct, 7pm at St Michael's.**

**Rehearsal** is on Sunday, 11th October at 4pm. For those who missed the Park Place weekend there is a **catch-up session** on Thurs, 1st October at 7pm in St Michael's at least one parent must accompany the young person(s) for the rehearsal and catch-up session.

**FIRST HOLY COMMUNION:** Parents of baptised children who are in Yr 3 at primary school please contact Fr David if you wish your child to make their 1st Holy Communion next year. The child must be supported in their preparation by at least one Catholic parent.

**CAFOD Harvest Fast Day: 2 October 2009: Collection 4th October.** This Harvest, CAFOD is appealing for our urgent help to support millions of people who are being pushed deeper into poverty. *Don't forget to complete the Gift Aid details—they help CAFOD claim an extra 28p from the government for every pound you give.*

**APF Appeal - Holders of Red Boxes** - please bring them in on Monday/Tuesday 28/29 September if possible to the Parish Office.

**PATTERNS OF LIFE** - Look out for this book of inspiring poems and prayers written and published by Anne Candrl, a parishioner, to raise money for the CLIC Sargent (cancer) charity. Price £5. Available in Church porch and at the Parish Shop.

**CLIMATE JUSTICE: URGENT ACTION NEEDED BY ALL** 2009 is a crucial year for a global Climate Change Agreement which will help protect future generations and the most vulnerable in the poorest countries. **What YOU can do:** **1)** Pray that world leaders will work for a fair agreement. **2)** Support Harvest Fast Day on 4th October. **3)** Stand Up Against Poverty; the Great Persuasion on 18th October. Join our lobby of Dr Julian Lewis, MP on 17th October at 12 noon. **4)** Join Climate Justice Mass Mobilisation in London on 4th December: THE WAVE: Archbishop Vincent Nichols and Archbishop of Canterbury are among speakers. More information on <http://www.cafod.org.uk/copenhagen>. Copies of article by Cardinal Keith O'Brien in the porch.

**SPECIAL COLLECTIONS:** This week for Cathedral; next week for CAFOD.



The Martha Group will be organising a **Car Treasure Hunt** on **Sunday 4th October** - a fun afternoon **for all the family.**

For safety, the start has to be staggered so it will start from St Bernard's Hall between 1.15 and 1.30p.m. There will be a set of clues leading you around a route, with items to find, jingles to compose and photographs to take (so don't forget your camera or mobile phone). It should lead you back to St Bernard's where there will be a strawberry jam cream tea waiting to be eaten as the scores are tallied. There will be a prize for the winning team and the losing team. The cost *per car* is £10 (of which £7.50 will go to the roof fund and £2.50 to breast cancer.)

*Safety is of the utmost importance* - To avoid any accidents the driver has to concentrate solely on driving. Therefore, the more sets of eyes in the car the better. It is *not* a solo event. ***It is not a race.***

The clues are set in places where you can park easily, and most of them can be seen from your car if it is raining! The cream tea is in aid of Breast Cancer. There will be a 'strawberry tea' quiz (50p a go) and a game (£1 a go), plus, of course, a collecting box!!

***When you buy your ticket please sign the sheet at the back of the church*** stating how many will be in your car so we will have enough cream teas.

***You are welcome to have a cream tea without doing the treasure hunt.*** The cost will be £2.50. Please add your name to the cream tea list when you buy your ticket.



**THERE ARE LIMITED TICKETS AND THEY ARE GOING FAST!**